

TBS B'nai Mitzvah Project: Mitzvah Meals

To participate in the Mitzvah Meals B'nai Mitzvah Project please email: tbsmitzvahmeals@gmail.com and let us know! We will help you keep track of your hours and make sure that you are able to sign up for tasks to help you complete your project.

Sign up for the tasks below by registering on VolunteerSpot and selecting specific dates/times. Delivery to WISEPlace must be arranged by emailing tbsmitzvahmeals@gmail.com.

Other than baking and securing "food drive" items all tasks take place on Sundays and meet at Temple Beth Sholom's kitchen. When you arrive at the temple, you will check in with the shift leader (*shift leaders are rotated weekly*) to learn your specific task of the day.

How to sign up with VolunteerSpot:

Go to <http://www.tbsoc.com/socialaction/mitzvahmeals.html> Follow the directions located in the box "Sign up for Mitzvah Meals through VolunteerSpot".

Overview:

Task	Hours	Location
Bake 4 dozen Cookies/Brownies	2 hrs	Home
Shift 1: Food Sorting & Cooking	3 hrs (9am-noon)	TBS Kitchen
Shift 2: Cooking	3 hrs (noon-3pm)	TBS Kitchen
Shift 3a, Transport/Serving VOH w/Parent	2 hrs (11am – 1pm)	VOH
Shift 3b: Transport/Serving @ SWCC	2 hrs (3pm – 4:45pm)	SWCC
Delivery to WISEPlace	0.5 hrs	WISEPlace
"Food Drive" items requested by Mitzvah Meals	2 grocery bags	Home

Description of Tasks:

Baking:

- 4 dozen homemade cookies or brownies and deliver to TBS by 10am Sunday Morning.
- Must sign up on VolunteerSpot

Shift 1:

- Sign up for shift on VolunteerSpot
- Help Unload and Sort Trader Joe's delivery
- Assist with preparation of salad, vegetables, fruit salad, slice and butter bread
- Clean work space

Shift 2: Cooking (Noon – 3pm)

- Sign up for shift on VolunteerSpot
- Finish cooking and preparing all food items on prep list
- Clean work space

Shift 3a: Transport/Serving VOH w/Parent

- Sign up for shift on VolunteerSpot

- Meet at TBS to load car with food and drive to VOH
- Work with VOH staff and serve food to approximately 50 individuals
- Wash serving containers (at VOH) and return to TBS kitchen
- Email tbsmitzvahmeals@gmail.com after serving to provide recap of how many individuals served and how much food was left over

Shift 3b:

- Sign up for shift on VolunteerSpot
- Load food items into cars and drive to SWCC
- Serve food
- Wash utensils after serving and bring back to TBS
- Email tbsmitzvahmeals@gmail.com after serving to provide recap of how many individuals served and how much food was left over

Delivery to WISEPlace

- Email: tbsmitzvahmeals@gmail.com letting us know which Sunday you would like to deliver food
- Help sort food from morning delivery
- Drive to WISEPlace in Santa Ana and deliver food to back door

“Food Drive” items requested by Mitzvah Meals

- Items needed by Mitzvah Meals are posted weekly in the TBS newsletter
- Please donate a minimum of two grocery bags
- Contact tbsmitzvahmeals@gmail.com to let us know what is being donated and when the bags will be dropped off in the kitchen

Facilities Mitzvah Meals Supports:

Orange County Rescue Mission Village of Hope

The Village of Hope, a 192-bed transitional housing program for homeless men, women and children, opened in March 2008 with the arrival of 30 men from the Rescue Mission’s shelter in Santa Ana. The Children’s Dream Center, a 6,000 square foot center located on the Village campus, was completed three months later in July and the Rescue Mission began admitting single homeless women with children and intact families. TBS feeds lunch weekly to approximately 50 men, women and children.

Southwest Community Center

Provide food, clothing, shelter, guidance, health, and referral services to economically disadvantaged individuals and families, and assist and encourage those whom we serve to achieve self-sufficiency. TBS feeds dinner weekly to approximately 55 homeless individuals.

Western Service Workers Association

Helps service, domestic and other low-paid workers in Orange County with medical/dental services, and other social services and works to help them acquire a living wage. TBS donates perishables received from Trader Joes that we will not be using to prepare meals for the other locations.

WISEPlace

WISEPlace is a community of housing and hope for women in crisis. The facility meets basic needs such as housing, food, clothing, physical and emotional nourishment, as well as vocational and life skills training. TBS delivers prepared meals, sandwiches, salads, etc donated from Trader Joes to this location. They have no food service on Sundays and are responsible for providing their own lunch during the week.

Grand Street (The First Presbyterian Church)

The First Presbyterian Church, through its Grand Street Center, seeks to create benevolent partnerships with agencies, organizations and individuals in Orange that promote youth, nurture education and

recreation, build community alliances downtown between cities and churches. On Sunday evenings, a dinner for local homeless people is served. TBS serves about 75 meals once a month at this location. In addition, we donate small bottles of shampoo, soap, toothbrushes, toothpaste and other toiletries to those who come for dinner.

Other Ways to Help!!

- Create Mitzvah Meal centerpieces for post service luncheon and donate the contents
- Ask for Mitzvah Meal donations from guests attending your bar/bat mitzvah – basket will be in hallway
- Volunteer at Grand Street (*Sunday Nights Together*).
 - Mitzvah Meals prepares and serves food once a month at this facility
 - 2nd Sunday of every month
 - Sign ups are found on VolunteerSpot
 - Donate toiletries to be distributed at this location